



GracePointe Healthcare PLLC
Modern medicine the old fashioned way

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BOTOX/Filler Pre-Treatment Instructions

BOTOX

- To reduce risk of bleeding and bruising avoid for 2 days prior to treatment:
 - Alcoholic beverages
 - Anti-inflammatories
 - Aspirin
 - Vitamin E
 - Ginkgo Biloba

Filler

- To reduce risk of bleeding and bruising avoid for 2 days prior to treatment:
 - Alcoholic beverages
 - Anti-inflammatories
 - Aspirin
 - Vitamin E
 - Ginkgo Biloba
- If you have a history of oral herpes simplex, you should be pre-treated prior to the procedure

Please note: Botox and Filler generally require two separate appointments at least one week apart to give the Botox time to fully take effect. If you desire to have both administered during the same appointment, you will need to speak with your health care provider in advance.